

Lochranza What to bring



A number of the activities/options you do will result in getting wet at some point. It is therefore useful for you to bring your own waterproof clothing and footwear with you. The weather on the Isle of Arran is notorious for providing all seasons in one day, so planning ahead and packing appropriately makes a big difference.

Kit List (all groups)

Take plenty of clothing in case of wet weather. Clothing should be old.

- Walking Boots, with ankle support
- Waterproof jacket, with taped seams and integral hood
- Waterproof overtrousers, with taped seams, ideally with leg zips for ease of removal.
- A day rucksack with two straps, lined with a plastic bag
- Walking socks, several pairs
- Outdoor trousers to go underneath waterproof trousers – NOT JEANS – preferably comfortable and quick drying
- Zipped Fleece/Microfleeces for underneath layers – they're warm and they dry out quickly
- Thick warm fleece/quilted jacket/underlayer to waterproof/jacket as emergency layer
- Woolly hat and gloves
- Large thermos flask/water bottle (Note the centre will supply one bottle of water on arrival, to conserve use of plastics and generation of waste, tap water is then used to fill this up).

General (all groups)

- Medication you will need for your stay
- Clothes for wearing around the centre in the evening
- Dry shoes for travelling, evenings and wearing around the centre
- Underwear
- Suitable nightwear
- Wash bag (soap, shampoo & toothbrush etc)
- Large towels
- Sun cream, sun hat and midge repellent for summer
- Small torch
- Labelled plastic bag/bin liners (for wet items)

Study course groups

- A field notebook. (Waterproof notebooks are excellent and can be bought at the centre for around £4 - £8)
- A classroom exercise book or file paper in a folder
- Pens, Pencils, Ruler, Protractor and Calculator – A limited supply is available from the centre
- Wellingtons if doing seashore / rivers options.

Activity groups / Families

- Swimming Costume - Watersports only
- Old trainers – Watersports only
- Old towel for wet activities

Field Studies Groups

Waterproof clothing – The essential clothing for all days in winter and summer is a thick, waterproof jacket with a hood and a good pair of waterproof over trousers (lightweight jackets will soak through and ski/puffer jackets are very bulky and heavy when wet).

Footwear – Wellingtons must be worn for work in the river and at the seashore. Walking boots with thick walking socks must be worn at all other times. Trainers, Dr martens and Caterpillar boots are NOT suitable and will not be permitted. Walking boots should have proper ankle support and a good tread. Walking trainers will not give full ankle support. Check the fabric boots are waterproof. Make sure that boots are worn-in and comfortable before the start of the trip. A limited number of wellington boots and walking boots can be borrowed from the centre.

Do not bring:

Expensive clothing or electronics or Jewellery
Lost Property (Students items)

Everything your group brings should be labelled – indelible felt tip pens are useful for this. Pupils are responsible for their own belongings – it may be useful to provide a list of items packed. Lost property is hard to track down after a visit and there is a small charge for returning items.

Centre Kit Hire (Free for Family Active)

Note: the Centre does have a kit store and can hire out the following items if you have not got them. These charges are levied for your entire stay if you require any of these items.

Waterproof jacket	£2.50
Waterproof trousers	£2.50
Walking Boots	£2.50
Rucksacks	£2.50
Wellingtons	(free)
Max Charge	£7